

SUN

MON

TUE

WED

THU

FRI

SAT

FEBRUARY 2020



HAPPY THERAPEUTIC
RECREATION MONTH!



Pet Therapy
Bonnie & Casey

SONYA YURCHESYN Recreation Director

89 ALDERWOOD LANE BOX 218 BADDECK NOVA SCOTIA B0E1B0

PHONE: 902.295.2644 EXT 226 FAX: 902.295.3445

recreation@alderwoodbaddeck.ca

**Bingo on the 11th will
start at 2:00 instead of
it's regular time of 1:45**

1

1:45 Cards on UK

Ground Hog
Day **2**

3**4****Bill MacInnis****5****6****Joan Gillis****7****8**

2:00 Church
AMH

10:15 Knitting UK
11:15 Exercise UK
1:45 Valentine Craft
AMH

10:45 Yoga AMH
1:45 **BINGO** in AMH
3:30 Beauty Break 1:1

10:30 Scattergories UK
1:45 Cards on UK
3:00 Book Mobile AMH

10:15 Knitting UK
11:15 Exercise UK
2:00 Church: Rev. Brian MacLeod

10:30 Rosary in Chapel
1:45 Trivia in AMH

1:45 Movie in AMH

9**10****11****12****Ruth MacLeod****13****14****Pauline Fournier**

2:00 Church
AMH

10:15 Knitting UK
11:15 Exercise UK
1:45 Painting AMH

10:45 Yoga AMH
1:00 Library Visit AMH
2:00 **BINGO** in AMH

1:45 Baking Tea Biscuits and
making Strawberry Shortcakes
on UK

10:15 Knitting UK 11:15 Exercise UK
2:00 Church: Rev. Jackie Warren
7:00 Black Rock Line Dancers AMH

10:30 Balloon Toss BI
1:45 Valentine's Movie

1:45 Coffee & News
on TS

16**17****18****19****20****21****22**

2:00 Church
AMH

Family Day

10:45 Yoga AMH
1:45 **BINGO** in AMH
3:30 iPad 1:1

10:30 Residents Council LB
1:45 Cards on UK
3:00 Book Mobile AMH

10:15 Knitting UK
11:15 Exercise UK
2:00 Church: Rev. Alicia Cox

10:30 Crosswords on UK
1:45 **Circle of Friends**
Entertainment AMH

1:45 Balloon Toss TS

23**24****25****26****Dave Ivey****27****28****29**

2:00 Church
AMH

10:15 Knitting UK
11:15 Exercise UK
1:45 Painting AMH

10:45 Yoga AMH
1:45 **BINGO** in AMH
3:30 iPad 1:1

11:00 Restaurant Outing
1:45 Hymn Sing AMH

10:15 Knitting UK
11:15 Exercise UK
2:00 Church: Pastor Phil MacCormick

10:30 Word Extraction TS
1:45 **Birthday Party with**
Country Gentleman AMH

1:45 Cards on UK