



SUN	MON	TUE	WED	THU	FRI	SAT
International Museum Day May 18	African World Heritage Day May 5		happy Mother's day			National Fancy Hat Lunch Day
Frances Morrison 2 Church	3 10:15 Knitting UK 11:15 Exercise UK 1:45 Painting BI	Star Wars Day 4 10:30 Yoga BD 1:45 Star Wars Party LB	5 10:30 Yoga UK 1:45 BINGO TS 3:30 1:1 visits HS	6 10:15 Board Games BI 11:15 Exercise BI 2:00 Church Rev. Ian Harrison TS	Mary MacLennan 7 10:00 Mother's Day Tea/music 2:00 Book Mobile	8 Cards with CCA'S
Florence Burke Mothers Day	10 10:15 Knitting LB 11:15 Exercise LB 1:45 Painting UK	11 10:30 Yoga UK 1:45 BINGO LB 3:30 1:1 visits BI	12 10:30 Darts BD 1:45 Movie AMH UK	10:15 Song Circle BD 11:15 Exercise BD 2:00 Church Rev. Corrie Stewart UK	14 10:30 Rhythm band UK 1:45 Photo booth Picture party HS	Jessie MacKinnon 15 Coffee and News

NURSES WEEK May 10-16

16 Church	17 10:15 Knitting UK 11:15 Exercise UK 1:45 Painting LB	18 10:30 Yoga HS 1:45 BINGO BD	19 10:30 Resident Council 1:45 Dancercise TS	Kenene MacRae Zandra MacDonald 20 10:15 Cards HS 11:15 Exercise UK 2:00 Church Rev. Brian MacLeod BD	Florence Shaw 21 10:30 Walk around UK 1:45 Photo booth Picture party HS	22 Book Drop off
23 Students Orientation week	Victoria Day 24 	25 10:30 Yoga UK 1:45 BINGO TS 3:30 1:1 visits HS	Hugh Dorton 26 10:30 Paint like Picasso LB 1:45 Poker BINGO UK	27 10:15 Memory games LB 11:15 Exercise LB 2:00 Church Rev. Mary Harrison LB	28 10:30 Scattegories UK 1:15 Birthday Party units with birthdays	29 Coffee and News

30 Church	31 10:15 Knitting TS 11:15 Exercise TS 1:45 Painting HS			ALYSSA ROCKWELL RECREATION DIRECTOR ALDERWOOD BOX 218 BADDECK NOVA SCOTIA B0E1B0 PHONE: 902.295.2644 EXT 226 FAX: 902.295.3445 RECREATION@ALDERWOODBADDECK.CA		
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