



SUN	MON	TUE	WED	THU	FRI	SAT
				Kana'ta Canada Day 1 	Book Mobile 2 10:30 Word Extraction 11:15 Exercise UK/HS 1:45 Summer Crafts	News and Coffee 3
Visits 4	10:15 Knitting UK 11:15 Exercise UK 1:45 Painting BI 6:00 Golf BD/BI 5	10:15 Yoga BD/BI 1:45 BINGO UK/HS 6:00 Spa Day LB/TS 6	Carmella Walters World Chocolate day 10:30 1:1 1:45 Word Search 6:00 Cards UK/HS	10:15 Knitting TS 11:15 Exercise TS 2:00 Church Rev. Margie Macintyre UK/HS 6:00 Bowling BD/BI 8	Book Mobile 9 10:30 Crosswords UK 1:45 Harvest Veggies/Check Gardens UK/HS BD/BI	Cards with CCA'S 10
Visits 11	10:15 Knitting LB 12 11:15 Exercise LB 1:45 Bocce Ball UK 6:00 Bowling LB/TS	Dwight MacLeod 10:15 Yoga UK/HS 1:45 Discus Throwing LB/TS 6:00 Olympic Ribbon Wands UK/HS	10:30 Resident Council 1:45 Balloon Volley Ball LB 6:00 Bean Bag Toss BI/BD 14	10:15 Knitting UK 11:15 Exercise UK 2:00 Church LB/TS 6:00 Targets UK/HS 15	10:30 Crowning the Champions 16 1:45 Final Ceremony and BBQ UK/HS	Balloon Toss 17
Weeks Theme: Olympic Games Alderwood 2021 12-16 						
Visits 18	Pam Morrison 10:15 Knitting UK 11:15 Exercise UK 1:45 Painting LB 6:00 Cards HS/UK	Mike Dunphy 10:15 Yoga BD/BI 1:45 BINGO UK/HS 6:00 Book Mobile LB/TS	10:30 Song Circle LB 1:45 Moc Court UK 6:00 Book Mobile BD/BI 21	10:15 Cards HS 22 11:15 Exercise HS/UK 2:00 Church Rev. Ian Harrison BD/BI 6:00 Golf UK/HS	<i>Full Moon</i>  23	Cards with CCA'S 24
Visits 25	10:15 Knitting TS 11:15 Exercise TS 1:45 Painting HS 6:00 Crafts BD/BI 26	10:15 Yoga LB/TS 1:45 BINGO BD/BI 6:00 Colouring UK/HS 27	10:30 Cards HS 1:45 Alderwood Variety Show AMH 6:00 Painting LB/TS 28	Jessie MacDonald 10:15 Knitting LB/TS 11:15 Exercise LB 2:00 Church UK/HS 6:00 Bowling BD/BI	Book Mobile 30 10:30 Scategories UK 1:15 Birthday Party Cake and Music	Balloon Toss 31

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