

# UPDATED VISITOR GUIDELINES (Effective July 19, 2021)

## INDOOR VISITS (Essential Caregivers)

- Two Essential Caregivers are permitted at each visit
- Visits may be in-room or in courtyards. Visitor can also take resident outside for a walk around the building
- Visits are 2 hours maximum in length
- Declaration must be signed before first visit, and training completed.

## INDOOR VISITS (Regular Visitors)

- Visits may be in-room or in courtyards. Visitor can also take resident outside for a walk around the building.
- Two visitors permitted at a time
- Visits are 2 hours maximum in length

## OUTDOOR VISITS

- Maximum of 5 visitors
- All visits will be outside main entry, and all visitors must screen in prior to visit
- In case of inclement weather, your visit may be cancelled.
- Visits are 30 minutes maximum in length (in order to accommodate as many visits as possible)

## OFF-SITE VISITS (Drives, Community, Walks)

- Permitted for all residents, regardless of vaccination status
- SDM Approval Required (One-time approval)
- Visits can be booked for any day of the week, but must be booked (and confirmed by Alderwood) 24 hours in advance. (Call Monday-Friday by 3pm)
- Visitor must be able to assist resident into the vehicle; staff are to bring Resident to Community Hall only, and do not assist with vehicle transfer.
- All public health protocols must be adhered to. Must social distance when in parks/board walks. Masking highly encouraged for resident. Mandatory for Visitor
- You must screen back in with the resident at the end of your outing (with Screener)

## AT HOME VISITS (Day Trip or Overnight)

- Fully vaccinated residents ONLY (ie. received 2<sup>nd</sup> dose at least 14 days prior)
- Must be booked by phone (please no text for these visits) at least 24 hours in advance, and be approved by SDM ((Call Monday-Friday by 3pm)
- Visitor must be able to assist resident into the vehicle; staff are to bring Resident to Community Hall only, as staff do not assist with vehicle transfer
- Pickup, and return time must be noted when booking (Pickup and return of resident can happen any time of the day, but must be indicated at booking)
- Resident can stay overnight for one night maximum
- In absence of screener, RN/LPN screens visitor before visit. RN/LPN always responsible to screen upon return
- Letter to be provided to the driver for the visit.
- Visitors are encouraged to wear masks, and encouraged to have at least one dose of vaccine. NS Covid-19 Gathering Limits apply.

## MEDICAL APPOINTMENTS

- Declaration must be signed before first appointment
- Booking must be made with the RN (at 902-295-2644 ext 236) Please do not show up to pick up a resident for an appointment without notifying the RN at least 24 hours in advance.
- You must screen back in with the resident after your outing. (with RN or screener)
- Please remember to provide any documents or information (ie. Prescriptions/future appts) upon return.

## Additional Information:

- Please call/text 902-295-0177 to book (Monday to Friday before 3pm)
- One visit per resident per day
- Masking is required for all visitors at all times at Alderwood
- All visitors must be screened prior to the visit (All visit types)
- No eating/drinking. Washroom facility now available at main entry. Please do not use resident or staff washrooms.
- Indoor and Outdoor visits are available 7 days per week (excluding holidays) from 1-4pm, and Tuesday/Thursday 5:15-6:15pm. Offsite visits must be booked a minimum of 24 hours in advance. Weekends are to be used for visitors who are not able to visit Monday to Friday.
- All visits must be booked by 3pm the day prior to the visit; no exceptions.
- Remember Public Health Guidelines (social distancing, frequent hand hygiene, etc.) You must arrive/leave on time or risk your visit being cancelled.
- Must complete Covid-19 screening for your visit upon arrival (at main Entry)
- **You must notify Alderwood if you become sick within 14 days of your visit**

## Resident Cohort Information:

- Residents are permitted to visit other units but must sign the list on the resident room where they are visiting for contact tracing
- Home areas should continue to keep doors closed and/or locked as normal; home area doors not to be propped open
- Visitors are NOT permitted to bring residents to different home areas.
- Residents will have some recreation activities in AMCH (no more than 12 residents)
- Masking is mandatory in hallways and is encouraged when residents are on other home areas