

# UPDATED VISITOR GUIDELINES (Effective March 10, 2022)

## INDOOR VISITS

- Two visitors at a time
- Visits may be in-room or in courtyards. Please do not visit in living/dining room on home areas
- Visitor can take resident outside for a walk around the building, or take the resident for a walk to the Community Hall (Resident must be masked when out of their home area)
- PLEASE NOTE: If you are visiting a resident who requires assistance while eating, we encourage you to avoid mealtime visits (approx. 11:30am and 4:30pm) If resident requires assistance while eating, the CCA will bring the resident to the Dining Room to eat (visitor cannot join in dining area). Should the resident not require assistance while eating, the resident can eat in their room, while they have their visit.

## SIGHTSEEING DRIVES/HOME VISITS (Day Trip ONLY)

- Outings can be booked for any day of the week, but must be booked (and confirmed by Alderwood) 24 hours in advance. (Call Monday-Friday by 3pm)
- Visitor must be able to assist resident into the vehicle; staff are to bring Resident to Community Hall only, as staff do not assist with vehicle transfer
- Visitors to the home are encouraged to wear masks, and be mindful of social distancing. Gathering limits apply. Masking mandatory for duration of the drive to the home.
- Screening form to be returned when you return from your outing.

## MEDICAL APPOINTMENTS

- Booking must be made with the RN (at 902-295-2644 ext 236) Please do not show up to pick up a resident for an appointment without notifying the RN at least 24 hours in advance.
- You must return screening form when you return from your outing
- Please remember to provide any documents or information (ie. Prescriptions/future appts) upon return.

### Additional Information:

- Masking is required for all visitors at all times at Alderwood (This will continue even in Phase 3 of Province's re-opening plan)
- All visitors must be screened prior to the visit
- No eating/drinking permitted
- Visiting Hours: 11am to 7pm Monday to Friday; 11am-5pm Saturday and Sunday.
- Remember Public Health Guidelines (social distancing, frequent hand hygiene, etc.)
- Visitors are NOT permitted to visit residents on different households in the same day, but can visit multiple residents on the same household if they wish.

### Resident Cohort Information:

- Residents are permitted to visit other units but must sign the list on the resident room where they are visiting for contact tracing
- Home areas should continue to keep doors closed and/or locked as normal; home area doors not to be propped open
- Visitors are NOT permitted to bring residents to different home areas.
- Masking is mandatory in hallways and is encouraged when residents are on other home areas

**PLEASE NOTIFY US BY CALLING  
902-295-0177 SHOULD YOU  
BECOME SICK, OR TEST POSITIVE  
WITHIN 48 HOURS OF YOUR VISIT**