

February 2023

Happy valentine's day

Sunday

Monday



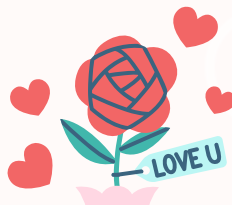






Tuesday

Wednesday

Thursday

Friday

Saturday

			1 10.15 News & Tea 2.00 Arts Club UK/ HS	2 10.15 Exercise LB 10.15 Book Mobile 2.00 Church	3 10.15 walking is fun 10.15 Nelson visits 2.00 Sing-a-long TS/LB	4 
5 <i>Bill MacInnis</i>	6 10.15 Knitting Club 10.15 Exercise BD 1.30 Nelson visits	7 10.15 Golf UK/ HS 2.00 Bingo	8 <i>Madeline Ryan</i> 10.15 News & Tea 2.00 Arts Club TS/LB	9 10.15 Exercise UK 10.15 Games TS/LB 2.00 Church	10 10.15 walking is fun 10.15 Nelson visits 2.00 Sing-a-long BI/BD	11
12 	13 10.15 Knitting Club 10.15 Exercise BI 1.30 Trivia	14 <i>Mae Carmichael</i>  Valentine's Day 2.00 Bingo	15 <i>Pauline Fournier</i> 10.15 Resident Council 2.00 Arts Club BD/ BI	16 10.15 Exercise TS 10.15 Book Mobile 2.00 Church	17 <i>Marilyn Cameron</i> 10.15 Nelson visits 2.00 Movie	18 
19 	20 Heritage Day 	21 10.15 Games BI/BD 2.00 Bingo	22 10.15 News & Tea 2.00 Arts Club UK/ HS	23 10.15 Exercise HS 10.15 Games TS/LB 2.00 Church	24 2.00 Birthday Party 	25 
26 	27 10.15 Knitting Club 10.15 Exercise BD 1.30 Nelson visits	28 10.15 Balloon Toss TS/LB 2.00 Bingo				

Additional activities depending on availability: van drives, 1:1 visit, games and more